82-92 Camaro-Firebird K-Member Installation

- 1.) Jack up car and support with jack stand behind K-member on frame rails
- 2.) If motor is still using stock motor mounts and motor is still in the car, support motor with an engine hoist.
- 3.) Remove front wheels
- 4.) Place jack under lower A-arm. Carefully remove spindle from ball joint.
- 5.) Lower jack slowly. (CAUTION: spring will still have tension on it.

Carefully kick spring out with pry bar.

- 6.) Remove motor mount bolts.
- 7.) Place jack under center of K-Member, then remove the 6 bolts that attach K-member to frame. Lower jack.
- 8.) Start installing bolts back in your AJE K-Member. (Start with driver side front then passenger side front to square K-member in the car). Install all the bolts in K-Member before tightening.
- 9.) Re-install the rest of your front suspension in opposite order of removal.